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WIN! Family trip to Sea Life Adventure

See p2



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INVESTMENT: Eric Pickles with CEME chief executive Bill Williams.

£3.5MILLION FOR NEW MANUFACTURING HUB

By Suzi Muston

A NEW manufacturing institute will be set up across the borough boundary in Rainham, after government awarded it a £3.5million grant.

Communities Secretary Eric Pickles visited the CEME Centre (Centre for Excellence in Manufacturing Engineering) in Marsh Way, Rainham, to make the announcement. The institute will operate within the CEME centre.

The new, not-for-profit, 'high-speed sustainable manufacturing

Institute' (HSSMI) is being set up in partnership with the CEME Centre and car manufacturer Ford. The car company is investing £1.44m in the scheme.

The Institute will develop new and innovative ways to improve manufacturing techniques and increase productivity.

HSSMI bosses said, for example, that if a food manufacturer was producing 200 bottles of jam an hour and wanted to treble its output, the institute will advise how to achieve that.

Institute bosses said it plans to

bring together experts from business, engineering and academia. A total of 22 researchers and PhD students will work alongside six Ford research staff to create programmes to develop the work force needed to operate such systems.

Mr Pickles was joined by local government minister Bob Neill, Ford chairman Joe Greenwell, as well as CEME chief executive Bill Williams and chairman Martin Broadhurst, along with Havering Council leader Michael White for the visit on Tuesday.

Mr Williams said: "The potential

is phenomenal. This is going to be a hotbed of opportunity for growth.

"This is a momentous occasion as it will bring technology into small businesses in this region and nationally they could previously only have dreamed of."

Mr Pickles added: "This country and county has a proud history of manufacturing.

"This is an Institute with a big ambition, to push back the frontiers of manufacturing, quicken production and reduce costs and bring benefits to business as well as the local area."

Town centre fun

THERE are a number of events taking place in Ilford Town Centre up until the end of this week.

Friday sees Otto & Teddy's fairytale fun in the High Road from 11am to 5pm, followed by the Olympic Dance Troupe on the community pitch on Saturday.

The fun culminates on Sunday with a celebration to mark the Olympics Closing Ceremony. It takes place in the High Road from 4.30pm to 7.30pm.

Tout in custody

A TICKET tout who sold Olympic tickets outside the ExCel Centre has been sentenced to 28 days in custody.

Josef Aguirre, 29, was arrested last Tuesday and found with 56 tickets in his possession. Appearing before magistrates the next day, Aguirre was initially fined £1,000 in addition to paying a victim surcharge and court costs. When he refused to pay this the court gave him a custodial sentence instead.

Hospice event

HAVEN House Children's Hospice will observe festival of Raksha Bandhan with a very special event to be held in its grounds. It takes place from 11.30am to 2.30pm on Thursday, August 16.

Raksha Bandhan Day, which is widely celebrated in India, marks the sacred bond between siblings. Funded by the Charles S French Charitable Trust, activities on the day will include bracelet making, sand art and other arts and crafts.

Becontree, Becontree Heath, Chadwell Heath, Creekmouth, Rush Green, Parsloes Park, Upney

INSIDE this week



Guiding at
the Games

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YellowAdvertiser

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Competition

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tions a new look, and
installed a brand new feature
- The Crawl Wall.

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allows visitors to come face
to face with many marine
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wander along Beach Walk,
enter the Sea Cavern, HMS
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Venomous area, find out
more about its Seahorses,
Turtles and Frogs, gaze into
the Rockpool, and see our
baby crocodile and jellyfish
displays, and join a range of
different talks - all in one
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Sea Life Adventure, which
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**A: High Wall
B: Crawl Wall
C: Garden Wall**

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or C - to 0901 307 0203 along



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HEROES: Firefighters Mark Spinks, Ellis Webb, Mark Timothy and Geoff Hircock back at base.

Firefighters act to save drowning boy

A GROUP of firefighters have been praised after rescuing a boy from drowning at Fairlop Waters. The crew from Dagenham, who had been training nearby, realised that the boy was trapped by a boat's propeller, which had become tangled with his shoe laces, and had submerged him up to his neck. Firefighters Geoff Hircock, Mark Timothy, Ellis Webb and Adam Flanagan entered the water

to relieve Fairlop Country Park staff, who had been supporting him. With two of the crew supporting the boy, the firefighters were able to tow the boat to shallower waters, enabling the rescue to take place more safely. The boy was not complaining of pain but firefighters felt down his leg and realised that his calf was seriously injured. The firefighters were able to free the boy and then

Dagenham's station manager, Paul McClenaghan, said: "There is no doubt in my mind that the actions of those firefighters saved the young man's life. "He had been in the water for nearly half an hour before we were alerted, so if we hadn't been training nearby, this could have ended tragically. He was very pale when we got him out of the water, so the team kept him warm with tunics and survival blankets. They also

chatted to him to distract him from his injuries and keep him calm. "The crew will undoubtedly be commended for the quick-thinking, teamwork and bravery they showed. It proves why the training we were undertaking on that day is so important." A paramedic from the London Ambulance Service arrived shortly afterward and took over the first aid. He was taken to hospital via air ambulance.

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LONDON OLYMPICS 2012



Picture by Mark Pain/NOPP

ROMFORD'S MARK HUNTER and partner Zac Purchase (pictured above) were pipped at the post in the final of the lightweight double sculls final on Saturday.

After a restart when Purchase's seat broke, the GB pair quickly found their rhythm, but tired towards the end with Denmark coming through to take gold and leaving the defending champions with silver. New Zealand took bronze.

They gave the race their all, to the point that Hunter needed to be helped to his feet after the race by rowing legend and BBC pundit Sir Steve Redgrave.

GEMMA GIBBONS paid an emotional tribute to her late mother after delivering Britain's first Olympic judo medal for 12 years on Thursday.

She had looked to the heavens and mouthed 'I love you Mum' after her semi-final win, in memory of Jeanette, who passed away from leukaemia in 2004.

Gibbons (pictured right), who studied for a Masters degree in exercise science and health at the **University of East London**, missed a large chunk of the 2011 season after needing shoulder surgery, but won silver in the women's under-78kg at ExCeL.

DAVID FLORENCE and **TIM HOUNSLOW** took silver as Team GB recorded a neat one-two in the canoe slalom doubles last Thursday.

Etienne Stott and Tim Baillie led from the start to claim gold for Great Britain, before Florence and Hounslow, who both currently live in **Loughton**, secured silver in the last run of the day.

BASILDON'S CASEY STONEY played for Great Britain as the women's football team lost

their quarter final against Canada 2-0.

Hope Powell's side – skippered by Stoney – had qualified from the group stage without conceding. But Jonelle Filigno scored direct from a corner and Christine Sinclair added a second to put Canada through.

GREAT Britain's handball squad – including **Basildon-born SEB EDGAR** – are out of the Games in the group stages. Team GB lost 34-17 to Tunisia on Saturday confirming their exit.

JAMES HUCKLE failed to qualify for the final of the men's 50m rifle prone event.

The **Romford Rifle & Pistol Club** member from Harlow scored 591 to finish 29th in the elimination process. He then finished 25th in Monday's men's 50m rifle 3 positions.

LIZZIE REID played for Great Britain as the women's team were knocked out the volleyball tournament after losing their final game to Japan.

The **Walthamstow** woman was part of the squad that lost four out of five matches to finish second from bottom of Pool A.



Picture by Georgie Gillard/NOPP

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Jason and Peter Digwa – CEO and director of RGB Electrical Superstore, in Ilford – handed over the cash to Denise Speight from Help For Heroes, along with Fauja Singh, the oldest Olympic Torchbearer.

Jason Digwa said: "RGB is extremely proud to support the Help For Heroes charity. Every penny raised really does count to improve people's lives."

RGB is also involved in raising money for other charities including the World Of Dance festival, Alzheimer's Society, Haven House Hospice and The Dream Factory.

In all, the firm has helped raise more than £30,000 for good causes.

Redbridge parks are given Green Flags

FIVE parks in Redbridge have achieved Green Flag standard for 2012.

The honour has gone to Valentines and South parks in Ilford, Goodmayes Park, Elmhurst Gardens in South Woodford and Ilford War Memorial Gardens.

Judges look at cleanliness, environmental sustainability, health and safety conservation.

Vision Redbridge Culture and Leisure (RCL), which manages parks and open spaces on behalf of the council, works closely with friends groups, made up of parks users and residents, to maintain and improve the parks and to help find funding for new facilities.

Athlete bursaries

TEN of the Waltham Forest's most promising athletes will be given a £3,000 bursary on Thursday.

The bursary scheme came about after the borough's council made a deal with the Australian Olympic Committee, which allowed them to use the Construction Skills Centre, in Leytonstone, for their Uniform Distribution Centre during the Games.

The funding will help provide athletes with funding for kit, equipment and competitions along with access to top quality coaches and physiotherapists.

Hockey for free

A SERIES of free hockey sessions are being held at Kelmscott Leisure Centre, in Markhouse Road, Walthamstow, every Tuesday until August 28.

The sessions take place from 7pm to 8pm for under 16s and from 8pm to 9pm for over 16s. It is open to beginners and regular players alike and only shin pads are needed. All other equipment will be provided.

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Lines close on Thursday, August 16, 2012. Entries received after the closing date will not be counted but you may still be charged.

** This service is funded by the NHS. Normal prescription charges apply.

THE Co-operative Pharmacy is giving you the chance to WIN two beautiful fragrances for him and for her.

To celebrate the fantastic make-over that has taken place at our Highams Park branch, we're giving 14 lucky readers the chance to WIN a set of Kylie Darling 30ml and Beckham Homme 30ml Eau de toilette fragrances.

The new-look branch based on The Avenue has been refurbished to give a more customer-friendly interior design which means the pharmacy is brighter and feels more spacious. Now providing customers with a pleasant environment to shop in and get health advice and prescriptions.

There are also some big deals providing customers with great value on a range of big brand products and toiletry essentials.

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Guiding at the Games

A GUIDE dog owner, who has been volunteering at the Olympic Games, has described the experience as 'amazing and incredible'.

Terry White, from Walthamstow, and his dog Kent are the only guide dog team volunteering at the Olympic Park and have been helping at the Athletes' Village and at the ExCel Centre for the fencing event.

He is responsible for helping the athletes with anything and everything from booking them in to training sessions, to helping them get around the park.

Terry applied to be a volunteer last year, and with his previous fencing experience, he

was chosen to help athletes in that specific sport.

"This has been the most amazing experience of my life," he said. "Spirits around London have been lifted so much by these Games, and I hope that that feeling in this city lasts for many years to come."

"Without Kent, this would have been a difficult thing to do. He guides me to and from the venues every day and gets a lot of attention from the athletes and other volunteers. We're having an incredible time."

Kent is Terry's second guide dog and has been with him for four years.



PILOT: Steve Ryan, Barts Medical Director introduces successful trial of webcam appointments for people with diabetes.

DIABETIC patients at Newham Hospital can now have their routine appointments via webcam.

It follows a year-long pilot study that showed the method offered 'better health outcomes due to better diabetes self-management'.

The innovative webcam appointment approach could result in cost savings for primary and secondary care so that scarce resources can be redirected to more complex needs.

Shanti Vijayraghavan, clinical lead and consultant endocrinologist, said: "We found patients liked the convenience this offered, and the clinic non-attendance rates improved."

"Most patients were happy with the quality of online consultations and were keen to continue with this. We now hope to increase the number of online consultations offered and work with patients to explore the impact these have on their self-management skills."

Around 90 patients were involved in the pilot.

Diabetes patients can take appointments via webcam

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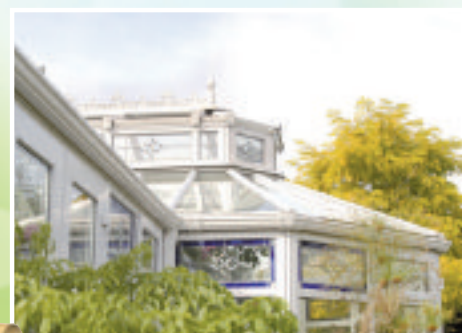
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Double lung transplant student to take part in a half marathon

A STUDENT who had a double lung transplant is celebrating her new lease of life with a sponsored walk in aid of Saint Francis Hospice.

Victoria Tremlett, of Romford, who is known as Tor, will join the Royal Parks Foundation half marathon on October 7 – three days before the anniversary of her transplant.

She hopes to raise up to £2,000 for Saint Francis Hospice, which supported her during her battle with the illness.

Tor, 25, said: "I wanted to do something to mark the first year after my transplant and support the organisations that had helped me. I've always wanted to do a big walk but have never been able to, so this will be a real challenge, particularly as I still get tired."

Tor, who will be dressed as Superwoman for the event, explained that she had waited for the lung transplant for around four years.

She said: "I was on oxygen 24/7, needed a wheelchair and was entirely dependent on those around me. The smallest tasks left me gasping for breath and I couldn't walk the 20

steps to the bathroom."

When Tor's condition deteriorated the hospital suggested Saint Francis Hospice could help as she wanted to be at home.

Hospice clinical nurse specialists regularly visited Tor and helped find medication to ease her pain and make her comfortable. A hospice complementary therapists also visited to give her back massages to ease the back pain and breathlessness.

Tor said: "The hospice was a complete lifeline to us. It was great to have access to experts that were local that me or my Mum, Chris, could call that knew my situation."

"I was really ill and because of the transplant not only has my life been saved, but it's been transformed beyond anything I've ever known. I don't need oxygen or a wheelchair."

If you are inspired to take part in the half marathon contact the hospice fundraising team, by emailing events@sfh.org.uk or calling 01708 771405. Places must be booked by August 17.



Sign up and dance

THE winner of a charity dancing competition is calling on people to sign up for this year's event.

Stewart Birnie and dance partner Leigh Evans triumphed at last year's Take To The Floor with Richard House, in support of the Becton-based hospice.

The duo performed their jive in front of more than 450 people at the Royal National Hotel, in Russell Square, central London, and Stewart will take up the role of judge in this year's competition.

He said: "I had such an amazing time last year. I still remember all the excitement backstage among all the dancers – it was electric. Everyone was supporting each other; it was just fantastic."

"I had no idea we would win the event and we were elated to come away with the first prize. Now I'm acting as one of the judges I'll know what the dancers will have gone through. Don't worry though, I promise to be nice to everyone."

Take To The Floor with Richard House offers amateur dancers of all abilities the chance to learn two new Latin and Ballroom dances over six weeks of free lessons.

Couples will then take to the floor to perform in the final dance off in the Britannia Hotel, in Canary Wharf, on either Wednesday, November 28, or



ON THE FLOOR: Leigh and Stewart in action last year.

Thursday, December 13.

Entry for Take To The Floor costs £50 with a minimum sponsorship of £300 plus the sale of six £10 tickets to friends and family.

You can sign up for Take To The Floor

until October by calling Ben on 020 7540 0230 or e-mailing him at BenA@richardhouse.org.uk for an information pack. Alternatively, visit www.richardhouse.org.uk/events and sign up online.

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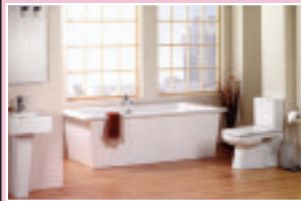
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Jail for man who burgled vulnerable

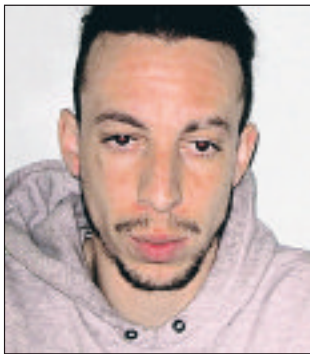
A MAN has been jailed for a string of burglaries on the homes of elderly and vulnerable people living within a single square mile in Dagenham.

Unemployed Scott Wynter (pictured) posed as a window cleaner when knocking on the door and would ask for a hot drink, claimed to be cleaning the inside of windows or asked to use the toilet.

Then he would search the properties, finding items to steal.

The 30-year-old, of no fixed abode, was identified by forensic evidence left at the scenes. He initially claimed that his fingerprints were there because he is the victim's window cleaner.

But he was also identified by a number of witnesses during identity parades following his arrest on in April and having been charged with two of the offences, Wynter admitted them at



court. He then later admitted the remaining four offences to be taken into consideration.

He carried out burglaries in Dunbar Gardens, Rogers Gardens, Broad Street, Crosby Road, Cadiz Road and Reede Road between February 21 and April 2 this year.

On sentencing Wynter to four and a half years in prison at Snaresbrook Crown Court on July 19, Judge Owen described Wynter's crimes as "vile and selfish".

Investigating officer Detective Constable Jamie Humm said: "The effects of becoming a victim of this despicable crime run far deeper than a loss of cash or property.

"The feeling of insecurity left by burglary can drastically affect the quality of life for victims. I am very pleased that this person has been removed to a place where he can no longer prey on our elderly residents."

Dealership raises cash

DAGENHAM Motors has raised more than £800 for charity as part of its celebrations of the 60th anniversary of the Dagenham Town Show.

The car business in Ripple Road used the show to raise funds for Parents of Autistic Children Together (PACT) a voluntary organisation that supports the needs of families, carers and friends of children with Autistic Spectrum Disorders living in Barking, Dagenham, Havering and Redbridge.

The Dagenham Motors stand included a variety of activities to entertain all age groups, from displays of the latest cutting edge Ford technology to penalty shoot out competitions and driving simulators.

In total the dealership collected £885 for PACT with this figure expected to rise over the coming days as donations continue to roll in.

Sales manager Jason Claridge said: "We are delighted to have taken part in the 60th anniversary of the Dagenham Town Show. The show is an institution and a highlight of the year within the community and we would like to thank everyone who came along and donated so generously in aid of a very good cause. PACT is a wonderful charity and we are thrilled that we are able to help them continue their great work."

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New management now at Broadway

BARKING's Broadway Theatre is now under the control of the council.

The authority took over the day-to-day responsibility for the venue in partnership with Barking & Dagenham College on August 1 after the trust that formerly managed it was wound up.

A new trust is expected to be formed for manage the theatre next spring.

Council leader Liam Smith said: "We are really confident that by introducing new ways of working at this popular theatre we will be able to broaden its appeal and create new local audiences, as well as provide even better value for money in these tough times.

"We plan to open our new season on September 20 with five new premieres, and a specially commissioned pantomime, produced by Barking-based Arc Theatre, in association with the college.

"The working relationship with the college, which has a base at the theatre, is truly excellent as it gives us the opportunity to create some great work experience and educational opportunities for their learners."

College principal Cathy Walsh believes the partnership will add value to the theatre.

She said: "This new and constructive way of working is challenging us to take a more robust and innovative approach to integrating learning experiences into the creative management of a venue. As a result, we are helping redefine a new model for the running of the theatre.

For more information, visit thebroadwaybarking.com

Firm appointed for Goresbrook project

COUNTRYSIDE Properties has been appointed as the developer to regenerate the Goresbrook Village housing estate in Dagenham.

The firm will build 149 new homes – 98 of them council-owned – on the site just north of the A13.

Barking & Dagenham Council has been gradually moving residents out of the three tower blocks which will be demolished early next year.

Most of the homes (72 per cent) will be three or four bedroom family houses. The remainder will be two bed flats in low-rise buildings. A further 14 of the homes will be designed for wheelchair use and a shop will also be included in the development.

The village currently comprises of three 16-storey tower blocks built in the 1960s. Work on replacing them is expected to start early next year and be completed around March 2015.

It is one of three housing estates – alongside Leys in Dagenham and Gascoigne in Barking – which are being regenerated as part of the council's Estate Renewal Programme.

Councillor Phil Walker, cabinet member for housing, said: "Goresbrook Village had reached the end of its natural life, so we took the decision to include this in our programme of estate renewal rather than spend millions trying to renovate the flats. Having appointed a developer we should be ready to build as soon as the flats are pulled down.

"The quicker we can build, the better, as local families are crying out for more new homes to be built."

To have your event considered for publication, send the details AT LEAST 14 DAYS before the issue date to: What's On, Yellow Advertiser, Acom House, Great Oaks, Basildon, SS14 1AH. You can e-mail us at: letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at www.yellowad.co.uk

Saturday, August 11

- Free Classes For All - Ghazi Education Society, English and Urdu (no age limit), Fine Art Classes (for members only), Special Classes for KS1, 2, 3 and year 10 (Maths, English and Science), limited seats, join today, classes held in Ilford and Seven Kings, details Naz 020 8598 8143 (7-9pm).
- Ante-natal Yoga - Quaker Meeting House, Bush Road, Wanstead E11. Saturdays 10am-noon, Mondays 6.45-8.45pm, Post-natal Yoga, Saturdays 12.05-1.15pm. 020 8923 6452.

Sunday, August 12

- Old Tyme Sequence Tea Dance - Abridge Village Hall, 2.15pm-5.30pm, every second Sunday of the month, visitors welcome, enquiries Rita on 020 8550 5061.
- Walk - Ramblers' West Essex Group, meet 10am and 1.15pm, Moreton, Nags Head car park, Church Lane, figure of eight 6 and 5 miles.
- Miniature Steam/Electric Train Rides - Ridgeway Park, Peel Close, off Old Church Road, Chingford, E4 6XU, 2-5.30pm, every Sunday until October, also Bank Holiday Mondays.
- Walk - Epping Forest HF Group, meet 10.30am, Chingford Station, 6 miles through Gilwell Park to River Lee, at Enfield Lock, back over Barn Hill with views.
- Walk - Ilford and District CHA Rambling Club, start 10.30am from The Old Mill car park, Broxbourne, figure of eight walk along two rivers, lunch Rye House.
- Learn to Dance Modern Jive - Hainault Forest Community Centre, every Sunday 7-10.30pm. 07768 005858.
- Sunday Service - Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.
- Sunday Services, Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
- Sunday Services - Higher Life Christian Centre, Forest YMCA, 642 Forest Road,

Walthamstow, 10am-noon. 01279 4159441.

- All Age Morning Service - Ridgeway Evangelical Church, The Ridgeway, Chingford, every Sunday 11am, further details Pastor, Paul John 020 8524 1410.
- Celebration - Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Sunday 10.30am. 020 8599 14793.
- Service with Clairvoyance - Little Ilford Christian Spiritualist Church, Three Avenue, Manor Park, every Sunday 6.30pm, all welcome, no charge, freewill offerings accepted. 020 8514 4030.

Monday, August 13

- Chingford and Walthamstow Chess Club - Priory Court Community Centre, every Monday 7.30pm, Tony 020 8524 0827.
- Bingo - Friday Hill Community Association, Cony Burrows Community Hall, Friday Hill, E4, every Monday and Wednesday 1.30pm.
- Multi-denominational Healing - Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barking (next to public car park, Fulwell Cross roundabout), Mondays (except Bank Holidays), 7-9pm, no charge, free donations welcome. 020 8550 5650.
- Yoga Classes - The Peterhouse Centre, Walthamstow, Mondays 1-3pm and at Tiptree Community Hall, Barking, 7.30-9.30pm, call Kay Russell 020 8554 7168.
- Aerobics and Toning - Hainault Baptist Church, Franklin Gardens, Mondays 7.30-8.30pm, all levels welcome. 07745 726342.
- Scottish Country Dancing - Epping Forest Scottish Association, Woodford Green Prep. School, (off Glengall Road), Mondays 8pm, new dancers welcome, first visit free. 07710 854267.
- Line Dance Class - Woodford Bowls Club, Kings Avenue, Woodford, for beginners and improvers, every Monday morning, further details 01708 722956.
- Line Dancing - Layton Royal British Legion, 31 Duntun Road, Layton, every Monday 7.30-9.30pm, everyone welcome.

Tuesday, August 14

- Meeting - Waltham Forest Family History Society, Spruce Hill Baptist Church Hall, Brookscroft Road, Walthamstow, second Tuesday each month, 8-10pm, enquiries Barrie 020 8527 4807.
- Meeting - Epping Forest and District Stamp Club, Rodding Valley High School, T8 Room, Alderton Hill, Loughton, meet every second Tuesday of each month, 7.30pm.

- Meeting - Fibromyalgia Friendship and Support Group, The Diabetes Centre, Buntingford Road, Newbury Park, Ilford, meet every second Tuesday of the month, 1-3pm.
- Meeting - Ilford and District Aquarists and Pond-keepers Society, Gants Hill Reform Church, Woodford Avenue, Gants Hill, (lower hall in Ethelbert Gardens at the back of the church), second Tuesday every month.
- Stroke Club - Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, Tuesdays 1.30-4pm. 020 8595 3973.
- Whist Drive - British Legion Club, Ilford, every Tuesday 7.45pm. 01708 555478.
- Quacking Club - Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, Tuesdays 10am-noon. 020 8514 1255.
- Line Dancing - Walthamstow Trades Hall, every Tuesday Intermediate 8-11pm. 07968 036373.
- Square Dancing - American Square Dance Club, Fulwell Cross Library, Barking, Tuesdays 8-10.30pm, beginners welcome.
- Tea Dance - Woodward Hall, Woodward Road, Dagenham, mainly Ballroom and Latin American, Tuesdays 2-4pm. 020 8592 8402.
- Folk Dance - Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barking, Tuesdays 8-10pm. 020 8559 8505 (eve).

Wednesday, August 15

- Tea Dance - Sir James Hawkey Hall, Bromhill Road, Woodford, doors open 1.15pm, adults, £5. 020 8708 3044.
- LGBT Social and Support Group - ELOP Centre, 56-60 Grove Road, London E17, every Wednesday 2.15-4.15pm. 020 8509 3898.
- Wings for Women Support Group - For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, 0208 556 7111 or 020 8923 7498.
- Meeting - Talking Hands, a friendly Club for the Deaf and Hard of Hearing, Wednesdays 10.45am-2.45pm, York Room, Ilford Library.
- Table Tennis, Forest Community, Guildford Road, Walthamstow, every Wednesday 8pm, new members welcome, details Ray Massey 020 8524 4289.
- Gale Singers Ladies Choir - Hatfield Community Centre, Hatfield Road, off Hedgemans Road, every Wednesday 1-

2.30pm, details Janet 020 8592 2270.

- Keep Fit for over 50s - Debdon Park Community Association Hall, Willingale Road, Wednesdays 10.30am. 020 8508 3346.

Thursday, August 16

- Hainault Forest Walk - Hainault Forest car park, adjacent Global Café, organised by Redbridge Sport and Health team, all welcome, 11am (allow 2 hours), free, no booking required.
- Woodford Symphony Orchestra - A friendly amateur orchestra, which performs concert and major symphonies in Redbridge, rehearsals every Thursday evening. 020 8504 7783.
- Dagenham Camera Club - Wantz Library, Rainham Road North, Thursdays 8-10pm. 020 8252 2934.
- Social Group - Barkingside Sports and Leisure Group, Carvelly Function Room, Gants Hill Methodist Church, Gants Hill Crescent, Barking, for 18-36 year olds, Thursdays 9.15pm. 07941 493067.
- Meeting - Havering/Ilford Branch British Sub-Aqua Club, Clubhouse next to Harold Hill Swimming Pool, Thursdays 8-11pm.
- Meeting - Friends Club, St Cedds Church Hall, Blythwood Road, Seven Kings (opposite Homebase), Thursdays 1-2pm keep-fit, 2-4pm bingo and snooker, 50p per session.

Friday, August 17

- Friendly Club - Pensioners Club at United Services Club, Blake Avenue, Barking, Fridays 12.30pm-3pm, all pensioners welcome. 020 8517 0256.
- Meeting - Redbridge 18 Plus, York Room, Ilford Central Library, Clements Road, Ilford, Fridays for 18 to 36 year olds, sports and social club.
- Pipes and Drums - Waltham Forest Pipe Band, Royal British Legion, 31 Duntun Road, Layton, pipers, drummers and learners welcome, Fridays 8pm. 020 8520 1727.
- Yoga - Faircross Community Centre, Hurstbourne Gardens, Barking, 2-3.30pm, Jean 07946 215996/020 8591 5830.
- Breathing for Health - Faircross Community Centre, Hurstbourne Gardens, Barking, 4-5pm, details Jean 07946 215996/020 8591 5830.
- Line Dance Class - The Chandos Centre, Stratford, Fridays 8-11pm, beginners to advanced, all levels welcome, call Lisa 07958 788292.

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VICKY 26yr old pretty blonde, athletic, good job, great house/car, single and getting bored, looking for male to entertain me. Tel No: 0906 500 3766 Box No: 394459

ALICE 18yr old tall blonde carefree student, looking for exciting male 18-30 for good times only. ACA. Tel No: 0906 500 3766 Box No: 387107

KERRY blonde black eyed cultured lady, very genuine, caring, seeking caring natured male 45-58 for loving romance. Tel No: 0906 500 3766 Box No: 386649

WARM loving young girl seeks mature male who is free in the evenings for no strings adult fun. Status unimportant. Tel No: 0906 500 3766 Box No: 376398

Hi I'm Jane a 40yr old divorcee with 3 children, looking to fall in love again, seeks genuine, confident, very tactile male. Tel No: 0906 500 3766 Box No: 386643

SUSAN gorgeous 29yr old lonely Seeking lass new to area and at loose end, seeking reliable caring male up to 40yrs for friendship/more. Tel No: 0906 500 3766 Box No: 393465

SENSUAL slim blonde, no ties, been without for too long! You have nothing to lose and much to gain. Call me. Tel No: 0906 500 3766 Box No: 375980

24/7 heaven! Seductive young girl, pretty, shapely feminine, dark hair/eyes, loves to make her man happy, seeks discreet male for fun friendship. Tel No: 0906 500 3766 Box No: 377606

LOVING tactile female, no ties, would love to be seduced by a fun loving, mature male. Looks unimportant. Tel No: 0906 500 3766 Box No: 369106

FEMALE seeking Mr Right, are there any heroes still out there? Tel No: 0906 500 3766 Box No: 393597

SUSAN first time advertiser very lonely and looking for love with considerate, loyal male with lots of love to give and GSOH. Tel No: 0906 500 3766 Box No: 393489

LYNDA very attractive attached female, own transport and willing to travel, seeking similar natured male for extra circular activities. Must be discreet. Tel No: 0906 500 3766 Box No: 386653

DEBBIE slim outgoing approachable attractive lassie, 33yrs, GSOH, sporty, looking for non serious fun male for friendship, maybe more. Any age/looks/status. Tel No: 0906 500 3766 Box No: 387101

GENUINE professional black female, 40yrs, 5ft 7ins, size 12, seeks educated, professional, affectionate well spoken white male 35-50yrs. Tel No: 0906 500 3766 Box No: 389699

TALL busty female, endless legs, enjoys wild life, seeks confident male to try new things with. Can accommodate. Age/status unimportant. Tel No: 0906 500 3766 Box No: 376772

KAREN 38 slim and attractive seeking confident professional for companionship, status/looks unimportant. Tel No: 0906 500 3766 Box No: 392407

MARION 38 slim, sporty, fun with good personality, loves travel, holding hands and caring for people. Seeks genuine male, no time wasters. Tel No: 0906 500 3766 Box No: 383159

DEBS slim attractive stylish naughty 40 looking for male who is prepared to give me lots of attention for fun times in return. ACA. Tel No: 0906 500 3766 Box No: 385653

GEM black 58, caring, down to earth, size 16-18, likes most things, homely, seeks caring male, 55-60 for friendship. Tel No: 0906 500 3766 Box No: 393727

DONNA 24yr old single nurse, curvy, pretty, brown hair, big eyes, single and fun to be with. W/LTM mature male for romance 25-45yrs. Tel No: 0906 500 3766 Box No: 391117

VOLUPTUOUS curvy, young at heart female, 60, 5ft 6ins, dark red hair, hazel eyes, N/S, likes music, travel, meals out, socialising, seeks tall, young at heart male, 58-64. Tel No: 0906 500 3766 Box No: 392307

LINDA bubbly 62yr old, attractive, seeks gent for meals out, good times and maybe more. Tel No: 0906 500 3766 Box No: 392053

ATTRACTIVE black female, 5ft 8ins, 44, full figured, animal lover, kind, romantic, W/LTM tall kind, caring, black/mixed race guy, 39-50 for LTR. Tel No: 0906 500 3766 Box No: 372885

51YR old female, brown hair/eyes, GSOH, seeking genuine guy for love and romance. Tel No: 0906 500 3766 Box No: 390615

VANESSA attractive, glamorous black lady, 5ft 6ins, curvy size 14, seeks caring, loving, solvent, gentle, white male, 35-55 for fine dining and travel. Tel No: 0906 500 3766 Box No: 387184

YOUNG looking 43yr old white female, dark hair, blue eyes, attractive, sensual, size 14, shapely, curvy, 5ft 6ins, artistic, seeking male, 23-73 for discreet fun. Tel No: 0906 500 3766 Box No: 391255

49YR old professional black lady, likes meals out, holidays, cinema, seeks honest, sincere, genuine white male for friendship, maybe more. Tel No: 0906 500 3766 Box No: 383159

VOLUPTUOUS young at heart female, 60, 5ft 6ins, dark red hair, hazel eyes, N/S, likes music, travel, socialising, meals out, GSOH, seeks tall, genuine, caring male, 58-64. Tel No: 0906 500 3766 Box No: 390153

WIDOW needing company, sociable, outgoing, 75, taken for 65, feeling 55, 5ft 7ins, elegant, likes dancing, seaside, coach holidays, animals, theatre. Tel No: 0906 500 3766 Box No: 389423

ATTRACTIVE young 59yr old female, 5ft 6ins, dark hair, brown eyes, N/S, many interests, seeks tall, slim, young at heart, caring gent, 55-65 for friendship, maybe more. Tel No: 0906 500 3766 Box No: 384197

SANDRA 5ft 8ins, looking for fun loving male for holidays, weekends away, cinema and concerts. Tel No: 0906 500 3766 Box No: 388225

FEMALE 62, looking for genuine, sincere, kind gent, 60-70 for LTR. Tel No: 0906 500 3766 Box No: 386685

HAPPY go lucky 50yr old female, blonde hair, blue eyes, seeks genuine, happy go lucky male of similar age. Tel No: 0906 500 3766 Box No: 395051

CAROL attractive blue eyed blonde, slim, size 10ins, GSOH, great entertainer, good cook, well mannered, cheeky, sensual, romantic. So why am I single? Call me. Tel No: 0906 500 3766 Box No: 388979

BLACK female, 39, seeks white male, 50-59 for serious relationship, possible marriage. Tel No: 0906 500 3766 Box No: 390390

BUSTY young at heart female, 60, 5ft 6ins, dark hair, hazel eyes, N/S, likes music, travel, meals out, coast, GSOH, seeks tall, caring male, 58-64 with GSOH for friendship, maybe more. Tel No: 0906 500 3766 Box No: 393279

EARLY 50's white lady, looking for male, 49-59 with similar interests. Tel No: 0906 500 3766 Box No: 393261

SRI Lankan female, attractive, kind, many interests, seeks British white male, 35-40, kind, honest and caring for LTR. Tel No: 0906 500 3766 Box No: 393219

GEMMA early 60's, slim, blonde, blue eyes, seeking male for friendship, maybe more. Tel No: 0906 500 3766 Box No: 393105

GENUINE professional black female, 40yrs, 5ft 7ins, size 12, seeks educated, professional, affectionate well spoken white male 35-50yrs. Tel No: 0906 500 3766 Box No: 389699

BRIGHT bubbly, curvy blonde, bit of a romantic, seeks loving male to share the fun loving side of life with. Looks unimportant. Tel No: 0906 500 3766 Box No: 338461

FRIENDLY lady, 55, attractive, size 14, seeks medium build gent, N/S, kind, positive, sincere for friendship, good times and togetherness. Tel No: 0906 500 3766 Box No: 391897

BEAUTY 21, seeking older, solvent gent 70 plus for friendship/relationship. Tel No: 0906 500 3766 Box No: 392697

38YR old attractive female, likes swimming, seeking British, professional, handsome male for serious relationship. Tel No: 0906 500 3766 Box No: 391758

LADY early 60's, likes the arts, country walks, seeks educated, cultured gent for possible romance. Tel No: 0906 500 3766 Box No: 384961

5FT 7ins female, dark hair, medium build, likes travel, music, socialising, seeks male, 25-50 for friendship/LTR. Tel No: 0906 500 3766 Box No: 390342

MEN seeking

LOOKING to meet or chat to someone, look no further: text **CHAT817** to 65125

EASYGOING mature white male, seeks love, affection and friendship with pleasant black female of any age. Tel No: 0906 500 3766 Box No: 394493

60YR old Northern Irish male, handsome, seeks nice looking lady of any age for friendship, maybe more. Tel No: 0906 500 3766 Box No: 394405

44YR old male, looking for fun and adventure with likeminded female. Tel No: 0906 500 3766 Box No: 392296

AFFLUENT able Andy 6ft, 58, happily divorced, seeks sensual lady for LTR. Tel No: 0906 500 3766 Box No: 392294

TALL professional, blue eyed male, 47, kind, caring, genuine, seeks female, 26-45 for LTR. Tel No: 0906 500 3766 Box No: 394351

WHITE male, 54, 6ft, medium build, likes meals out, cinema, weekends away, holidays, seeks genuine black female, 50 plus for LTR. Tel No: 0906 500 3766 Box No: 394325

YOUNG at heart male, 60's, N/S, GSOH, seeks pleasant, family minded, 60's lady from Essex. Tel No: 0906 500 3766 Box No: 394599

JAMIE 63, black, 6ft, slim, solvent, seeks fun loving female for no strings fun. Tel No: 0906 500 3766 Box No: 394541

TEXT: CHAT817
TO: 65125
TEXT: JM817
TO: 65125
*TEXT to 65125 Cost £1.50/mg received for full rates

6FT male, 60's, slim, black hair, fit, solvent, seeks fun loving, discreet lady for no strings fun. Tel No: 0906 500 3766 Box No: 394539

BUILDER 42, tall, good looking, GSOH, kind, considerate, easygoing, seeks lady for romance. Tel No: 0906 500 3766 Box No: 394479

DAVID seeks slim, happy lady, 55-65 who also needs to feel special. Tel No: 0906 500 3766 Box No: 394421

YOUNG man, 6ft 2ins, athletic, seeks attractive female for discreet casual fun. Tel No: 0906 500 3766 Box No: 392198

MAL slim, tall, artist, 61, OHAC/studio, seeks female for companionship, possible LTR. Tel No: 0906 500 3766 Box No: 392137

PETER 68, retired, solvent, no ties, GSOH, convivial, gregarious, likes travel, walks, country drives, boat sales, seeks female. Tel No: 0906 500 3766 Box No: 393599

JOE 44, Mediterranean looking, seeks female. Tel No: 0906 500 3766 Box No: 390354

GAY seeking

GUYS - chat to gay men TXT: GAY817 to 65125

Or go online at **www.localgaydate.co.uk**

WANT for Oriental/black, smooth, slim, I am 58, tall, slim, romantic, adventurous, can you cook? Tel No: 0906 500 3766 Box No: 394625

KEVIN 34, 6ft 2ins, blond hair, medium build, toned, young boyish good looks likes nights out, sports, holidays, seeks similar male, any age for adventurous fun times. Tel No: 0906 500 3766 Box No: 355984

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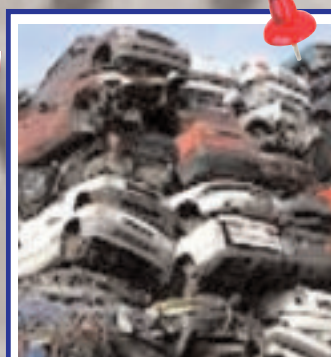
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Public Notices

LICENSING ACT 2003

Application for the Variation of a Premises Licence
Notice of application for the variation of a Premises Licence under section 34 of the Licensing Act 2003

Notice is hereby given that Martin Long and Christine Long have applied to the London Borough of Waltham Forest for the grant of a Premises Licence at Results/E4 Fitness and Leisure, 14 Hickman Avenue, Highams Park, London E4 9JG. The nature of the application is as follows: To permit the sale of alcohol/regulated entertainment/late night refreshments/indoor sports/boxing or wrestling/live music/recorded music/performance of dance/live televised sport/dancing on Fridays and Saturdays until 02.00 and Sundays until 24.00 (00.00). The Licensing register listing full details of the application is kept by the Licensing Service, Sycamore House, Walthamstow Town Hall, Forest Road, Walthamstow, E17 4SU. The application may be viewed Monday to Friday between the hours of 9am-5pm (except Bank Holidays).

Any person wishing to make a representation in respect of the above activities may do so in writing to the Licensing Service, Sycamore House, Waltham Forest Town Hall, Forest Road, London E17 4SU. Representations must be received no later than 29th August, 2012.

It is an offence to knowingly or recklessly make a false statement in connection with this application. The maximum fine on summary conviction being £5,000.

Public Notices

THE MARRIAGES AND CIVIL PARTNERSHIPS (APPROVED PREMISES) REGULATIONS 2005

NOTICE OF APPLICATION FOR PREMISES TO BE APPROVED AS A VENUE FOR CIVIL MARRIAGES AND CIVIL PARTNERSHIPS

- I, Vicky Carroll of The William Morris Gallery, Forest Rd, E17 4PP
HEREBY GIVE NOTICE that I have made application to the Council of the London Borough of Waltham Forest under the provisions of the Marriages and Civil Partnerships (Approved Premises) Regulations 2005 for the premises known as "the premises") to be approved/renewed for the solemnization of marriages in pursuance of Section 26(1)(bb) of the Marriage Act 1949 and the registration of civil partnerships in pursuance of section 6(3A)(a) of the Civil Partnership Act 2004.
- The Marriages and Civil Partnerships (Approved Premises) Regulations 2005 state that premises can be approved by the Council if, in their opinion, and amongst other things:
 - They are seemly, dignified and regularly available for civil marriages and civil partnerships;
 - They have adequate fire precautions and other appropriate safety precautions; and
 - They are not used solely or mainly for religious purposes and have no recent or continuing use for religious purposes, which is incompatible with the use of the premises as a venue for civil marriages and civil partnerships.
- Full details of the conditions and a copy of the Application and the plan of the premises may be inspected at the offices of the Superintendent Registrar at 106 Grove Road Walthamstow London E17 9BY during normal office hours.
- Any person wishing to object to the grant of approval may do so by giving notice in writing, with reasons for the objection to the Superintendent Registrar at 106 Grove Road Walthamstow London E17 9BY, Walthamstow, London E17 4JA, and which must be received within twenty-one days of the date of this publication.

GOODS VEHICLE OPERATOR'S LICENCE

Peter McCamley trading as Demenex Plant Hire of 19 Creek Road, Barking, Essex IG11 0JH is applying to change an existing licence as follows: To add an Operating Centre to keep 2 vehicles and 1 trailer at 19 Creek Road, Barking, Essex IG11 0JH. Owners or occupiers of land (including buildings) near the operating centre who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds LS9 6NF, stating their reasons within 21 days of this Notice. Representatives must at the same time send a copy of their representations to the applicant at the address given at the top of this Notice. A Guide to Making Representations is available from the Traffic Commissioner's Office.

I, Steven John Loveman of Forest Farm Shop, Forest Road, Hainault, Ilford, Essex, IG6 3HQ have made application to the London Borough of Redbridge for a Premises Licence. The application is to permit the off sales of alcohol Monday to Thursday inclusive 09.00 to 17.00, Friday and Saturday 09.00 to 20.00, Sunday to 09.00 to 15.00. Representations must be made by 28th August 2012. Interested parties or responsible authorities wishing to oppose the application must give notice in writing to: Chief Community Safety Officer, London Borough of Redbridge, Perth Terrace, Ilford, Essex, IG2 6AT. It is an offence liable on conviction to a fine up to Level 5 on the Standard Scale (£5,000), under Section 158 of the Licensing Act 2003 to make a false statement in or in connection with this application. The record of this application may be inspected Monday to Friday (except Bank Holidays) at the offices of the London Borough of Redbridge, Perth Terrace, Ilford, Essex, IG2 6AT between the hours of 10.00 am to 12.00 noon and 2.00 pm to 4.00 pm or on the worldwide web at <http://www.redbridge.gov.uk/cms/business/licences> and street trading/alcohol entertainment.aspx

Bargain Buys

PINE WOODEN COT BED WITH MATTRESS £30ono. PAIR WHITE PLASTIC BODY BUILD DUMBBELLS, 2½kg, £10ono. SINGLE HEADBOARD, BLUE & WHITE STRIPES, £15. LEAPFROG PLASTIC DESK WITH CHAIR, removable computer board, two games bought separately included, £20. PIRATE ROTATING LIGHT, £40 John Lewis, £20ono. TRIKE WITH CANOPY, blue & yellow, from approx 9mths, removable parent handle, foot step, seat belt, was £70, £35ono. Tel: 01702 297910.

MOTHERCARE COT MATTRESS with removable washable topper. Excellent condition £20. Cot bumper set with matching cot duvet. Beige & cream £5. Chicco bouncer chair, red & blue £5. Basildon Tel: 01268 445166 or 07917582441

ARCTIC SHEEPSKIN FLEECEED OVERCOAT high fleeced collar, large pockets, very warm, ideal fishing, mint cond, £35. Tel: NE London 0208 5060278.

SOLID WOOD COUNTRY STYLE BED FRAME medium pine colour, stands independent around 4ft 6in divan bed, exx cond, £60. ICELAND CREAM GAS HOB, black pan stands, new condition, £55. BEAUTIFUL CHINESE RUG, beige & pastel shades, 9ft x 6ft, exx quality & clean, very heavy duty, £70. Tel: 01621 742 067.

DANSK TEAK DINING TABLE PLUS SIX HIGH BACKED CHAIRS £95, perfect cond. DANSK TEAK DISPLAY UNIT, £75, perfect cond. DANSK RECTANGULAR TEAK COFFEE TABLE £45, perfect cond. DANSK TEAK SQUARE COFFEE TABLE, £30, perfect cond. Tel: 01702 712 695.

SALE-2 BOXES MAGAZINES & BOOKS £10. FOOTBALL PROGRAMMES-1970s/80s, 25 assorted programmes £20. WEST HAM HAMMER NEWS MAGAZINES 1995-97, 30 Issues, 2 Color Binders & 6 large colour Posters £30 Tel: 07709061288

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CARPET DARK BEIGE unused, still wrapped, 13ft x 13ft 6in, can deliver, £39. CARPET UNDERLAY, FULL 18 SQ.YD ROLL unused, still wrapped, can deliver, £39. Tel: 01245 420 743.

EXERCISE BIKE Domyos display screen, resistant levels, £25. SAMSUNG 37" FLAT SCREEN LCD TV £80. 4 WAIT-ROSE LOW YELLOW CANVAS BEACH CHAIRS brand new, £15. Tel: 01702 586 062

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Three ladies mountain bikes from £55. Three girls mountain bikes, 20 & 24in wheels, exx cond, from £25. Three boys mountain bikes, 20 & 24in wheels, exx cond, from £25. Tel: 01268 767 959.

THREE BADMINTON RACKETS & CASES £20. PLUMBERS TOOLS & ITEMS, £40. DIY POWER TOOLS, tile cutter, saw, stapler, heat gun, power saw, £40. Tel: 020 8506 0278 NE London.

VANITY UNIT FREE-STANDING large white bowl & tap, £40 ono. ELECTRIC MOWER suitable for small garden, vgc, £20. Tel: 01268 685 543.

ELECTRIC GUITAR Fender Starcaster, classic design, ideal beginner, £85. Tel: 01268 792511.

CHILDRENS PLAY TABLE with small drawer, ideal for Lego/wooden train sets, 20in high x 48in length x 32.5in wide, good but used cond, £40. Tel: 07889 489 582.

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COMPUTER VERY FAST PENTIUM 4 HP desktop windows XP, office XP, flatscreen monitor, keyboard, mouse, free delivery & set up, bargain £65. Tel: 07795 363 391.

CONSERVATORY CAIN FURNITURE WITH FOAM FILLED CUSHIONS comprising one double and one single seats plus a glass topped table, £30. Please ring Tel: 01702 335 167

OUTBOARD MOTOR WANTED runner / non-runner, Mercury, Yamaha etc, 5HP up to 100HP, anything considered, may take complete boat if still attached. Tel: 01268 765 086.

4FT 6IN BED pine, complete bedstead, beautiful cond, £75. Two pine bedside tables, three drawers, John Lewis, £50. Tel: 07790 323 702.

BED DOUBLE DIVAN clean mattress, vgc, £99, can deliver. Bed single divan clean mattress, vgc, £75, can deliver. Tel: 01708 469 127.

BMX bike black HARO F series, 20 inch tyres, spoke wheels, gyro, tektro brakes, cost £285 excellent cond hardly used bargain £95 Tel: 07939 247 339

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DOUBLE BED posture pocket 4 large drawers £50. HEADBOARD DOUBLE BED colour champagne £25. Tel: 0771218690

GIRLS CLOTHES 4-5yrs, 5-6yrs, 7-8yrs, shoes sizes 10-11, mixed bags, call for more details, £25 the lot. Tel: 01702 527149.

GIRLS TOYS Disney kitchen, dolls three-wheeled pram, iron board with iron, plastic desk, plastic toilet with food, £30. Tel: 01702 351 559

KEYBOARD 61 KEYS gig bag, immo cond, £20. STAG ELECTRONIC KEYBOARD STAND immo cond, £15. Tel: 07782 840 310.

IKEA COFFEE TABLE glass topped, shelf underneath, H 50 x L 118 x W 70 cms vgc £40 Tel: 01708 342 254

Womens modern summer clothing vgc, tops, Next, etc, gold sequin shrug, silver evening bag, etc, size 14-16, small combined travel iron/hair dryer, £20. Tel: 01702 431 452.

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MOTHERCARE BUGGY pink, plus raincover, gc, £15. **BED GUARD TOMY**, £10. Tel: 01702 348 770

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1. Advertisements are accepted on the conditions that (a) descriptions relating to goods are accurate and in no way contravene the provisions of the Trade Descriptions Act 1968, and the Fair Trading Act 1973, and (b) the copy complies with the British Code of Advertising Practice. Advertisements offering credit or hire facilities must conform to the Consumer Credit (Advertisements) Regulations 1980.

2. 'Classified' Advertisers offering goods or service of a business, commercial or trade nature will, at the discretion of the Publishers, be deemed 'Trade Advertisers', and as such, must include their names in advertisements. A telephone number is an optional addition to these requirements and not an alternative.

3. To comply with the Business Advertisements (Disclosure) Order 1977, Trade Advertisers must make it clear that they are selling goods in the course of business either by content, format, size or place of the advertisement or by including words such as 'trade', 'dealer', 'agent', 'wholesaler', '(T)' etc. in the advertisement.

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5. The Publishers will endeavour to publish advertisements on the day / date or day / dates specified by the Advertiser but insertion days / dates cannot be guaranteed.

6. Where shrinkage of advertisement occurs for whatever reasons the advertisement will be charged to the nearest full centimetre. This will NOT apply to the full-page advertisements, which remain full pages even after shrinkage.

7. The Publishers reserve the right to reject an advertisement or to vary it in any way they deem fit, at any time before publication, whether or not the advertisement has already been accepted for publication.

8. Whilst every effort is made to minimise errors in advertisements, mistakes do sometimes occur. Advertisers or their agents should therefore check their advertisements and inform us of any errors immediately. Responsibility cannot be accepted for more than one incorrect insertion. Typographical or minor changes, which do not affect the value of the advertisement, do not qualify for republication or allowances.

9. All rates quoted are subject to VAT at the rate currently in force at the time the advertisement appears.

10. Should the rate for advertisements be altered the price for remaining insertions shall be revised accordingly or the publishers shall have the right to cancel the unexpired portion of the order.

11. The placing of an advertisement order will be deemed an acceptance of these conditions.

12. Account facilities are granted at the discretion of the Company.

13. All accounts must be settled within the terms agreed by the Company and the Customer.

(1) Should an advertiser be in breach of the agreed terms, the publisher shall be entitled to levy a 10% surcharge on the value of the whole debt in respect of accounts with terms of less than 30 days, and any discounts or commissions that had been allowed will be reclaimed.

(2) Regular monthly accounts that are in breach of the agreed terms will pay an interest rate of 6% above the current bank of England base rate for each month that the account is overdue and discounts or commissions that had been allowed will be reclaimed. Should Legal action be required the interest will be charged in accordance with the County Court Act 1984.

14. Where an advertiser instructs / appoints an advertising agent to act on their behalf, the advertiser will remain jointly and severally liable for payment in respect for an advertisement(s) should the appointed agent fail to pay. For the avoidance of doubt, the agent acts for the advertiser and not for the publisher with the agent being responsible for notifying the advertiser of this liability.

15. All queries must be notified, preferably in writing to the accounts department of the publisher within 7 days of the invoice date.

16. All digital services are maintained in partnership with the publishers' hosting service providers. Every effort is made to ensure the continuity of these services, but some occasional technical downtime beyond the publishers' control may occur. The publisher and its associated companies shall be under no liability if the production and distribution of web services is delayed or prevented by any cause beyond the control of the publisher.

17. The Publisher may provide voucher copies for published advertisements in electronic form only subject to certain criteria. Further information is available on request.

18. The copyright of advertisements produced wholly or partially by the Publishers belong to the Publishers. Advertisers may not reproduce such advertisements without the Publishers' consent.

Box Numbers
Boxes are open for the receipt of bona fide answers and are not available for distribution of trade canvassing matter. Original testings, cards, goods, cash, cash stamps or payments of any kind must not be enclosed. A box Number and postal address are charged as part of the advertisement, i.e. Box No., centre address. There is no charge for forwarding replies.

Box numbers alone are not available for use in 'Trade' advertisements, other than Employment and Business Opportunities.

Holiday & Travel Category
All advertising must contain the name of the advertiser, phone number alone are not permitted.

Data Protection
The service you have requested may require us to carry out a credit search at a credit-referencing agency, which will record the fact that a search has been made. We may need to share your information with other lenders and credit reference agencies. However, we will only use the information from these searches to make credit-granting decisions and, if necessary, for fraud prevention or tracing debtors.

Data controller will use your information for administration and analysis. We may share your information with other Tindle Group Newspaper companies or carefully selected third parties. We, or they, may send you details of other goods and services, which may be of interest to you. The information may be provided by letter, telephone or other reasonable means of communication. Calls may be recorded or monitored for training purposes.

Special conditions apply with regard to the advertising of adult services, which are outlined to all persons submitting such advertisements.

Personal Services

Glamour Girls uk
visiting essex escort-massage

Call now:
01702 556500 or 07702 388070

7pm till 7am

please call for website details

Essex Girlz

01702 555 455
07774 671 615

CALL FOR WEBSITE DETAILS

VISITING GIRLZ
6pm to 6am

YOUNG ONES VISITING ESCORTS
7pm till 7am

01702 557 444
07702 388 028

Girls4you 24/7

Visiting most parts of
Essex, London and Kent

STAFF REQUIRED

Call: 07922 141 762

Please call for website details

NOTICE TO READERS

Yellow Advertiser, London & Essex Newspapers advises readers that the content of the advertisements in this section relate to products and services of an adult nature. We accept these for publication in accordance with guidelines issued by the Newspaper Society and the Advertising Standards Authority, together with our own policies and procedures. If you have any concerns or comments about the nature of the material in this section, or complaints about specific advertisements, please contact:

Scott Wood on 01268 503400 or write to
Yellow Advertiser, Acorn House, Great Oaks, Basildon SS14 1AH

BORED?

visit
www.yellowad.co.uk

VOGUE ESCORTS
Escort Agency

24/7

30 Minute Arrival
020 8361 7000

Call now for website details
New faces welcome:
07534 268 444

XXX121 SEX CHAT 36P
per minute
STRAIGHTTHRU!
0909 860 6682
OLDER LADIES 0909 860 9778

18+ Male P036 024 N01 0G. Calls recorded & cost 36p per minute + network extras. SP: 4D. No payed promises. Helped 0848 14497.

36P
per min
PHONE SEX
LIVE 0983 050 1223

18+ Calls recorded. 03-36p per min from a BT Landline. Network extras apply. SP: CWL. Helpdesk 0848 999 4499. Live calls recorded. SP: 4D.

TRANSEXUAL MESSAGE
PHONE ANNE 01322 286087

FOR FAST RESULTS YELLOW ADVERTISER

New Ruby's
Visiting
massage
7pm - 7am

07722
818 325

Emily, 25yrs.

Nr Loxford Park,
for discreet fun
without any ties.
PM & Eves best.
Text EMILY to
69996 for pics.

Adult Chat Line

CHEAP CHAT
MEN: 0871 300 3556

18+ Hidesk 0844 944 0844. 0871 = 9p per min. Network extras apply. Live calls recorded. SP: 4D.

WOMEN CALL FREE*
0800 075 5907

*9800 = Free from BT Landline

GAY CHAT

ONLY 10P
PER MIN

0871 908 9781

18+ Helpdesk 0844 944 0844. Live calls recorded. 0871 = 10p per min. Network extras apply. SP: 4D.

36P
per min
PHONE SEX
LIE BACK & PLAY
0909 864 1381

Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd P00538 N02 7YN. Help 084457 14497.

YellowAdvertiser
FOR FAST RESULTS

EXTREME QUICKIE SEX
GET OFF
ON YOUR PHONE

36P
per min
0909 864 0213

Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd P00538 N02 7YN. Help 084457 14497.

MATURE LADIES LIVE SEX 36P
per min
YOU'LL LOVE IT! CALL NOW KKI

0909 864 1041

Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd P00538 N02 7YN. Help 084457 14497.

MILF 40+
TOTAL X-RATED FULL SEX
36P
Horny Ladies!
0982 505 1774

Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd P00538 N02 7YN. Help 084457 14497.

36P
per min
0982 505 1774

Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd P00538 N02 7YN. Help 084457 14497.

ADULT INTERESTS

Calls cost £1.53 per/min at all times. TEXT 87070 cost £1.50 per message. Mobile call charges may vary. JMedia UK, London, SW4 7BX. wc **060812**

Simply dial the number below the advert!

SUSAN gorgeous 29yr old lonely Scottish lass new to area and at loose end, seeking reliable caring male up to 40yrs for friendship/more. **Tel No: 0906 500 6358 Box No: 393465**

DEBBIE attractive petite brunette with big blue eyes looking for good company from romantic educated male. Status/age unimportant. **Tel No: 0906 500 6358 Box No: 393511**

ALISHA blue eyed petite brunette, likes to keep fit, cooking, holidays, seeks male 30-45 for special times. **Tel No: 0906 500 6358 Box No: 392399**

MICHELE very attractive black single mum. 32yrs, someone you could take home to your mother, seeking a one in a million guy. **Tel No: 0906 500 6358 Box No: 391879**

CLAIRE Gorgeous fun loving brunette, 29, 5ft 4ins, employed, OHAC, looking for manly male up to 45yrs for no strings good times and fine wine. **Tel No: 0906 500 6358 Box No: 373107**

CARLY beautiful slim brunette looking for naughty mature male 50-70yrs for adult fun. No Strings. **Tel No: 0906 500 6358 Box No: 376569**

SUZANNE gorgeous confident blue eyed babe, 29yrs, many interests, OHAC, seeks reliable, male, any status for affectionate friendship up to 40yrs. **Tel No: 0906 500 6358 Box No: 376567**

BARBRA stylish feminine professional, many interests, social, good natured, looking for trustworthy male for good company and romance. **Tel No: 0906 500 6358 Box No: 375151**

CAROL 39yrs attractive slim brunette just looking for genuine caring man for romance, meals in and maybe more. Any age. **Tel No: 0906 500 6358 Box No: 375575**

MARIA sophisticated brown haired Spanish Senorita looking for friendly English gent for nights in/out and romance. **Tel No: 0906 500 6358 Box No: 379983**

KERRY 32yr old single mum of one, ready to move on with a new relationship. WLTm genuine male for flirty dates, text fun and more. Pils Call. **Tel No: 0906 500 6358 Box No: 383901**

JO discreet 28yr old Auburn haired beauty looking for a bit of fun back in her life, seeks male to make me smile again. Age/looks/status unimportant. **Tel No: 0906 500 6358 Box No: 383899**

BEV very attractive sensual warm-hearted, looking for good times with confident loving male. Call to me find out more. **Tel No: 0906 500 6358 Box No: 385643**

SUE fair haired petite caring nurse likes nice holidays, romantic nights in/out, WLTm appreciative male to love and care for. **Tel No: 0906 500 6358 Box No: 385641**

MARION slim attractive long legged female, WLTm caring sensitive male for mutual attention, good conversation and romantic dates. **Tel No: 0906 500 6358 Box No: 393509**

CLARE 36yr old nurse, pretty, slim, active, all round good catch, seeking male 40-70yrs for mature loving relationship. **Tel No: 0906 500 6358 Box No: 393479**

SALLY slim attractive feisty redhead, intelligent, easy going, WLTm similar male for friendship and more, looks unimportant. **Tel No: 0906 500 6358 Box No: 393469**

32YR old vivacious confident female seeks discreet male without beer belly for adult companionship. Status/race unimportant. **Tel No: 0906 500 6358 Box No: 393507**

LINDA blonde green eyed lady with nice figure, likes gym, meals out, music, looking for male to enjoy fun times, status unimportant. **Tel No: 0906 500 6358 Box No: 393503**

CAROL 34, loves role play, dancing, sensual dress up, looking for fun with male 60-70yrs, discretion assured. **Tel No: 0906 500 6358 Box No: 385639**

JENNY very feminine attractive mature classy female with beautiful blue eyes, looking for male to enjoy plenty of laughs and get to know. **Tel No: 0906 500 6358 Box No: 386303**

ZOE 31yr old independent petite redhead, very pretty, good figure, confident, seeking male for tlc without complications. ACA. **Tel No: 0906 500 6358 Box No: 388957**

TASHA single working mum seeks light hearted man, 35-45 who also likes to enjoy life to the full for passion, romance and tlc. **Tel No: 0906 500 6358 Box No: 387047**

JAN 35yr old blue eyed blonde, outgoing, friendly, WLTm passionate guy to share good wine, good conversation, flirting and fun times. **Tel No: 0906 500 6358 Box No: 368383**

27YR old sensual beautiful female, genuine and fun to be with seeking genuinely romantic male for mutual spoiling. Can accommodate. **Tel No: 0906 500 6358 Box No: 373017**

PAT tactile social female, seeking manly male with GSOH who can make me laugh and make me feel special again. **Tel No: 0906 500 6358 Box No: 391015**

DENISE very normal single white female, likes nights in/out, keeping fit, seeking genuine romantic black male for tlc. **Tel No: 0906 500 6358 Box No: 391093**

HI I'm Jane a 40yr old divorcee with 3 children, looking to fall in love again, seeks genuine, confident, very tactile male. **Tel No: 0906 500 6358 Box No: 386643**

BONNIE slim fun loving attractive single mum with GSOH looking for similar male for loving relationship and some adult attention. **Tel No: 0906 500 6358 Box No: 386639**

VERY Precious 27yr single mum looking for someone to treat me like a princess, 40-70yrs, discretion assured. **Tel No: 0906 500 6358 Box No: 386637**

SUE 39yr old teacher looking for naughty mature student to tame! I would love to hear from you, so call me now! **Tel No: 0906 500 6358 Box No: 390989**

SARA educated independent attractive female, nervous about dating through advertising, so pls don't disappoint me by not replying. I promise I wont disappoint you! **Tel No: 0906 500 6358 Box No: 383061**

If you like the sound of an advert - then see their picture on your mobile!

if an ad has a  next to it, then the advertiser has sent in their photo. To receive a copy of the photo to your mobile phone, all you have to do is text: **HOTPIC(space)mailbox number** and send to **87070**.

LANDLORDS

RENT YOUR PROPERTY WITH NO HASSLE!



GUARANTEED RENTS

1-5 YEAR CONTRACTS

NO AGENCY FEES

NO VOID PERIODS

**MAKE THE SMART CHOICE
AND CALL US TODAY ON**

020 8482 5511

OR VISIT OUR WEBSITE AT

www.smarthousinggroup.com


Smart
housing group
EST. 1980



GUARANTEED RENT SCHEMES • NO COMMISSION

Barking and Dagenham YellowAdvertiser



EST. 1976

Thursday, August 9, 2012

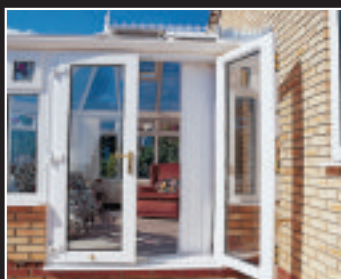
Your YA is
inside this
advertising
wraparound



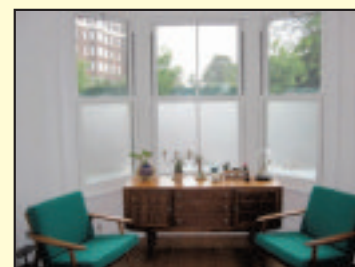
SUMMER SALE NOW ON!

UP TO 60% OFF WITH EVERY ORDER PLACED

WINDOWS, DOORS, CONSERVATORIES AND ORANGERIES



- ALL PRODUCTS OFFER ENERGY EFFICIENCY RATINGS
- OPEN 7 DAYS A WEEK
- FULL DESIGN AND PLANNING SERVICE
- AFTER SALES SUPPORT THROUGHOUT THE GUARANTEE PERIOD



Nice people to do
business with!

DISCOUNTS
FOR THE
OVER 50s



OPENING TIMES:
Monday- Friday: 9am-8pm
Saturday: 9am- 5pm
Sunday 10am-3pm

BUY NOW PAY FEBRUARY 2013

www.opwbydesign.co.uk
[email:info@opwbydesign.co.uk](mailto:info@opwbydesign.co.uk)

Call our FREE 24 HOUR HOTLINE:

0800 515 346

AFTER SALES SERVICE

Our highly trained staff will ensure swift and reliable support should you have a problem with any of our products within the guarantee period.



A kitchen is the hub of the home ADVERTISING FEATURE

Weigh it up for yourself – at Net Kitchens Direct's Walthamstow showroom you'll find great service and an extensive range of high quality products to choose from

AKITCHEN is at the heart of any home and finding the one of your dreams can be a lengthy process. While it is difficult enough to find the right kitchen for your needs, it is another matter altogether to arrange for it to be installed. If you take on the project yourself then you will have to source everyone involved from kitchen fitters to electricians, plumbers and tilers.

Mr and Mrs Jones from Leytonstone wisely decided they were not brave enough to tackle the whole project of designing their dream kitchen on their own. They didn't want to spend time recruiting an army of tradesmen to make it a reality either, instead they decided to call in the experts at Net Kitchens Direct.

They left their home in the capable hands of the company's craftsmen and skilled workmen so their every requirement could be attended to.

NET KITCHENS DIRECT

For further information either visit the showroom to see displays of kitchen ranges, work surfaces, accessories and appliances or call an experienced member of the team to discuss your requirements.

● Net Kitchens Direct
87-89 Wood Street Walthamstow
Telephone: 020 8521 2171
Website: www.netkitchensdirect.com

‘ We can't praise the staff at Net Kitchens Direct enough, they've taken care of every detail ’

Net Kitchens Direct have more than 12 years' experience in the industry and the Jones' kitchen was delivered and fitted just as it was designed to do with everything installed to the highest standard.

Mr and Mrs Jones, who have been enjoying their dream kitchen ever since, say: "We can't praise the staff enough, from design to installation, they've taken care of every detail.

"We had received many quotes, but we preferred to go with Net because of the service they were providing."

If, like the Joneses, you are looking for the kitchen of your dreams, why not turn to Net Kitchens Direct and become part of its fast-growing success story?

Whether you've an idea in mind you want to see realised or are looking for advice on style and scale, you'll find Net Kitchens Direct can provide the answer.

The company has a large showroom in Walthamstow which houses a wide variety of



Mr Jones is delighted with his new kitchen from Net Kitchens Direct

different high quality kitchens. Net Kitchens Direct does not believe in the dated 'hard sell' approach and puts its ethos on maintaining a high level of respect in people's homes.

Net Kitchens Direct focuses on high quality and the right professional service, making it one

of the best companies to deal with.

The kitchen specialist is also the proud sponsor of Ilyas Husain, the World Taekwondo Federation and British Taekwondo Control Board young Taekwondo sensation, who is currently on the Team GB cadet squad.

Walthamstow's Premier Fitted Kitchen Company



Bring in your
**Magnet and
B&Q Quotation
Compare Price,
Quality, Service
& Delivery**

Showroom at: 87 - 89 Wood Street, London E17

Tel: 020 8521 2171

www.netkitchensdirect.com

Appliances | Sinks | Taps | Granite / Laminate Worktops

PARKING AVAILABLE

7 Days Delivery Promise

net kitchens direct

Great value Travel Offers



Discover Disneyland® Paris!

The 20th Anniversary – the most spectacular celebration ever!

Join us for an unforgettable time in the extraordinary, incomparable world of fun, laughter, magic and make-believe that is Disneyland® Paris, where wonders truly never cease!



3 days from
£165.00
Adults
£119.00
Kids

School & Bank Holiday Breaks

Stay in a Paris Area Hotel

These unbeatable value, hugely popular breaks at 'peak season' are ideal for families. Climb aboard at a local pick-up point, to sit back in comfort and enjoy the ride and spend a full day enjoying all the magic and wonder of Disneyland® Paris.

Price includes

- Return coach travel and Channel crossings
- Two nights' bed and continental breakfast accommodation in a three-star hotel within easy reach of Disneyland Paris
- Return transfers to the Resort
- One Day Ticket to either Disneyland® Park or Walt Disney Studios® Park (upgrade to a Hopper Ticket allowing admission to both Disney® Parks available for a supplement)
- The services of a Newmarket Representative

Here, in Europe's Happiest Place, you'll find two marvellous Disney Theme Parks – one with five fantastical themed lands bursting with classic Disney magic, and the other a fascinating behind-the-scenes peek into the world of the movies and television. See spectacular themed parades and shows, meet some of your favourite Disney Characters, experience fun-filled rides and attractions, enjoy browsing through Disney shops and stores, spend time in Disney® Village – the Resort's vibrant entertainment hub – and dine in one of a host of themed restaurants and bars.

This year, to celebrate its' 20th birthday, Disneyland Paris is hosting the biggest ever party- with a new parade and a dazzling new night-time show. There's so much to see and do, we know you'll love every magical minute of your time!



4 days from
£199.00
Adults
£145.00
Kids

On-site hotel Special Offers

Stay in Disney's Hotel Santa Fe

In addition to our Schools and Bank Holiday breaks, we offer exceptional value on our Disneyland® Paris On-Site Hotel Special Offers. Staying in Disney's Hotel Santa Fe you will be much closer to the magic and with Extra Magic Hours, you'll be able to enjoy every extra minute of your stay at Disneyland® Paris.

Price includes

- Return coach travel and Channel crossings
- Three nights' bed and continental breakfast accommodation in Disney's Hotel Santa Fe at Disneyland Paris
- Two Day Hopper Ticket giving unlimited access during opening hours to Disneyland® Park and Walt Disney Studios® Park
- The services of a Newmarket Representative

On-Site Hotel Special Offers featuring Disney's Hotel Santa Fe®

Four-day breaks by Coach	Prices per person 23 Sep
4 Adults per room	£199
3 Adults per room	£229
2 Adults per room	£269
1 Adult per room	£369
Kids (3-11yrs)	£145

School & Bank Holiday Breaks by Coach	
2012 Three-day breaks	Departing
Bank Holiday Magic	2 June
Schools Out for Summer	21 July
August Bank Holiday Magic	25 August
Halloween HalfTerm Magic	20 October
All breaks above - prices per person from £119 Kids / £165 Adults	

Also available...Disneyland Paris breaks by superfast Eurostar!



Summer Magic by Eurostar™

Stay in Disney's Hotel Santa Fe

Watch the countryside fly by as you travel by superfast Eurostar™ train from London or Kent, through the Channel Tunnel and direct to the Heart of the Magic. Enjoy two full days of fun and discovery, and a stay in a Disney Hotel at the Resort.

Price includes

- Return standard-class Eurostar travel from London St Pancras, Ebbsfleet International, or Ashford International stations to Disneyland Paris
- Three nights' bed and continental breakfast accommodation in Disney's Hotel Santa Fe at Disneyland Paris
- Two Day Hopper Ticket giving unlimited access during opening hours to Disneyland® Park and Walt Disney Studios® Park
- The services of a Newmarket Representative

Summer Magic by Eurostar™ featuring Disney's Hotel Santa Fe®

Four-day breaks by Coach	Prices per person 23 Sep
4 Adults per room	£229
3 Adults per room	£249
2 Adults per room	£289
1 Adult per room	£399
Kids (3-11yrs)	£135

Don't miss these classics!

Mickey's Magical Fireworks & Bonfire

Departs 4 Nov 2012 – By Coach
3 days from **£109.00** Kids / **£149.00** Adults

Disney Enchanted Christmas

Departs 15 Dec 2012 – By Coach
3 days from **£109.00** Kids / **£149.00** Adults

New Year at Disneyland Paris

Departs 30 Dec 2012 – By Coach
3 days from **£129.00** Kids / **£185.00** Adults



www.newmarket.travel/yel11566



0843 316 1109 quoting code YEL



Shop Romford

This summer:

**Open to 8pm on
Thursdays**

**Longer Sunday
opening hours**

**400 great shops
cafés & restaurants**

**5000 parking spaces
FREE on Sundays**

Traditional market

